

Random Acts of Kindness Bingo

Pick up litter you notice.



Find unused toys, clothes, and blankets you can donate to a local charity.

Write a thank you note to someone who makes a difference to you.

Give a friend a compliment.



Leave a nice note in a library book when you return it.

Tell someone in your family what you love about them.

Apologize to one you've hurt.



Make a home baked good for a neighbor or friend.

Write a kind note to someone special.



Support a small business.



Call family just to say hi!



Leave a snack and thank you note for your delivery people.



Draw or paint a picture for an elderly neighbor or family member.

Cook for a friend in need.



Offer to help someone you see struggling.

Donate to a local charity.



Make a gratitude list, including people and things you are thankful for.

Wave hello to a neighbor.



Write a thank you note for your mail carrier.

Leave an extra big tip.



Create a sidewalk chalk picture to encourage neighbors.

Ask someone about their day.



Help someone clean up without them asking.

Find ways to volunteer.

